

Mental Health Integration Hub: October 2026

Please phone MHIH on (03) 6166 0755 to confirm services prior to attending.

			Thursday, 1 st Oct	Friday, 2 nd Oct
			Recovery College: rc.health.tas.gov.au CVGT Employment Service – 12:30 – 5pm Wellways: 1pm – 5pm Open Arms: 1:30pm – 5pm	Baby Village Playgroup: 10 am - 12pm Centrelink 10am – 12pm
Monday, 5 th Oct	Tuesday, 6 th Oct	Wednesday, 7 th Oct	Thursday, 8 th Oct	Friday, 9 th Oct
Mission NDIS 9am - 5pm Centrelink 2 – 4pm	Recovery College: rc.health.tas.gov.au Anglicare Mental Health Recovery 1:00 – 4:00pm Matchworks Job Network : 1pm – 5pm Baptcare NDIS Info Sessions: 1:30 - 2:30pm	Community Meditation Group: 10am – 11:30am Anglicare Smart Recovery (addiction support group): 2pm - 3:30pm Bridge Program Intake 1pm – 4pm	Recovery College: rc.health.tas.gov.au Relationships Australia: 9am – 1pm CVGT Employment Service – 12:30 – 5pm Wellways (1pm - 5pm)	Baby Village Playgroup 10am – 12pm
Monday 12 th Oct	Tuesday, 13 th Oct	Wednesday, 14 th Oct	Thursday, 15 th Oct	Friday, 16 th Oct
Mission NDIS 9am-5pm	Recovery College : rc.health.tas.gov.au Care 2 Serve: 9am – 5pm Matchworks Job Network : 1pm – 5pm	Community Meditation Group: 10:00 – 11:30am Housing Connect: 1pm - 3pm Anglicare Smart Recovery (addiction support group) : 2pm - 3:30pm	Recovery College: rc.health.tas.gov.au Relationships Australia: 9am – 1pm CVGT Employment Service – 12:30 – 5pm Wellways: 1pm – 5pm Open Arms: 1:30pm – 5pm	Baby Village Playgroup 10 am – 12pm Centrelink 10am – 12pm
Monday 19 th Oct	Tuesday, 20 th Oct	Wednesday, 21 st Oct	Thursday 22 nd Oct	Friday, 23 rd Oct
Mission NDIS 9am – 5pm Centrelink 2 – 4pm	Recovery College: rc.health.tas.gov.au Catholicare Safe Choices – 9am – 5pm Anglicare Mental Health Recovery 1:00 – 4:00pm Matchworks Job Network :1pm – 5pm	Community Meditation Group 10am – 11:30am Anglicare Smart Recovery (addiction support group): 2pm - 3:30pm	Recovery College: rc.health.tas.gov.au Relationships Australia: 9am – 1pm CVGT Employment Service – 12:30 – 5pm Wellways: 1pm - 5pm	Baby Village Playgroup 10am – 12pm
Monday 26 th Oct	Tuesday 27 th Oct	Wednesday 28 th Oct	Thursday 29 th Oct	Friday 30 th Oct
Mission NDIS 9am – 5pm	Recovery College: rc.health.tas.gov.au Matchworks Job Network : 1pm – 5pm	Community Meditation Group: 10am – 11:30am Housing Connect: 1pm - 3pm Anglicare Smart Recovery (addiction support group): 2pm - 3:30pm	Recovery College: rc.health.tas.gov.au Relationships Australia: 9am – 1pm CVGT Employment Service – 12:30 – 5pm Wellways: 1pm – 5pm Open Arms: 1:30pm – 5pm	Baby Village Playgroup 10 am – 12pm Centrelink 10am – 12pm