

Mental Health Integration Hub: September 2026

Please phone MHIH on (03) 6166 0755 to confirm services prior to attending.

	Tuesday, 1 st September	Wednesday, 2 nd September	Thursday, 3 rd September	Friday, 4 th September
	Recovery College: rc.health.tas.gov.au Matchworks Job Network 1pm – 5pm Baptcare NDIS: 1pm-5pm	Bridge Program Intake: 9am – 12pm Community Meditation Group: 10am – 12pm Housing Connect : 1pm - 3pm Anglicare Smart Recovery (addiction support group): 2pm - 3:30pm	Relationships Australia: 9am – 1pm Recovery College: rc.health.tas.gov.au CVGT Employment Service – 12:30 – 5pm Wellways: 1pm – 5pm	Baby Village Playgroup: 10 am - 12pm Centrelink: 10am – 12pm
Mon, 7 th September	Tuesday, 8 th September	Wednesday, 9 th September	Thursday, 10 th September	Friday, 11 th September
Mission NDIS 9am - 5pm TEDS: 9am – 5pm Centrelink 2 – 4pm	Care 2 Serve: 9am – 5pm Recovery College: rc.health.tas.gov.au Anglicare Mental Health Recovery : 1:00 – 4:00pm Matchworks Job Network 1pm – 5pm	Community Meditation Group 10am – 11:30am Anglicare Smart Recovery (addiction support group): 2pm - 3:30pm	Relationships Australia: 9am – 1pm Recovery College: rc.health.tas.gov.au CVGT Employment Service – 12:30 – 5pm Wellways (1pm - 5pm) Open Arms: 1:30pm – 5pm	Baby Village Playgroup 10am – 12pm
Mon, 14 th September	Tuesday, 15 th September	Wednesday, 16 th September	Thursday, 17 th September	Friday, 18 th September
Mission NDIS 9am-5pm TEDS 9am – 5pm	Recovery College rc.health.tas.gov.au Matchworks Job Network 1pm – 5pm	Community Meditation Group: 10:00 – 11:30am Housing Connect: 1pm - 3pm Anglicare Smart Recovery (addiction support group) : 2pm - 3:30pm	Relationships Australia: 9am – 1pm Recovery College: rc.health.tas.gov.au CVGT Employment Service – 12:30 – 5pm Wellways: 1pm – 5pm	Playgroup 10 am – 12pm Centrelink 10am – 12pm
Mon, 21 st September	Tuesday, 22 nd September	Wednesday, 23 rd September	Thursday 24 th September	Friday, 25 th September
Mission NDIS 9am – 5pm TEDS 9am – 5pm Centrelink 2 – 4pm	Catholicare Safe Choices – 9am – 5pm Recovery College: rc.health.tas.gov.au Anglicare Mental Health Recovery : 1:00 – 4:00pm Matchworks Job Network 1pm – 5pm	Community Meditation Group 10am – 11:30am Anglicare Smart Recovery (addiction support group): 2pm - 3:30pm	Relationships Australia: 9am – 1pm Recovery College: rc.health.tas.gov.au CVGT Employment Service – 12:30 – 5pm Wellways: 1pm - 5pm Open Arms: 1:30 pm – 5:00 pm	Baby Village Playgroup 10am – 12pm
Mon, 28 th September	Tuesday 29 th September	Wednesday 30 th September		
Mission NDIS 9am – 5pm TEDS 9m – 5pm	Recovery College: rc.health.tas.gov.au Matchworks Job Network 1pm – 5pm	Community Meditation Group 10am – 11:30am Housing Connect: 1pm - 3pm Anglicare Smart Recovery (addiction support group): 2pm - 3:30pm		