



# MENTAL HEALTH WEEK

## Community Walk

Step out with us to support mental health. Wear a splash of orange and enjoy a free BBQ, live music, and activities for all ages.

**Saturday 11 October**  
**Simmons Park, Lindisfarne**  
**11am - 1pm**



Scan the QR code or visit  
[ccc.tas.gov.au/mental-health](http://ccc.tas.gov.au/mental-health)

Our partners

