



MENTAL HEALTH WEEK 2025

EUREKA CLUBHOUSE

MINI CONFERENCE

HIGHLIGHTS AND SPEAKERS:

- Kelvin Smith -A Piano of Tasmania
- Eat Well Tasmania
- Mindfulness Workshop
- Drumming Workshop
- Arts and Crafts Market
- Raffle & Games
- Live Music



WEDNESDAY 8TH OCTOBER 2025

10:00AM -2PM

EUREKA CLUBHOUSE

6 FLORENCE STREET, MOONAH



All are welcome
Lunch will be provided

RSVP through the QR code

Or email: clubhouse@homebasetas.org.au

Please register before 3rd Oct