Poetry for the Soul Competition



Wellways invites all beginner and experienced writers to enter Poetry for the Soul

In the lead up to Mental Health Week, we are inviting all Tasmanians who experience or have experienced mental health challenges to enter the Poetry for the Soul competition and share your work.

Entries will be judged based on individual interpretation of the theme "Space".

There are three judged categories:

- 1. General community with lived experience of mental health challenges (ages 19+)
- 2. Mental Health Workers and Peer Workers
- 3. Young people aged 14-18 years

When & Where:

Entries Open Now. Optional information about competition categories, poetry reading event and related activities can be found via the QR code or contact

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RSVP & Additional Info:

Submit entries by Wednesday 3rd September to <u>soulpoetrytas@wellways.org</u> or via post to 136 Davey Street, Hobart, 7000





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