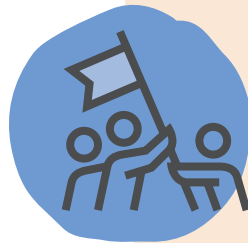


→ Strategic Plan 2025–2030

Who we are

We are the peak body representing the mental health and wellbeing needs of all Tasmanians, and the community organisations that work with and support them.

OUR VISION



Every Tasmanian has access to timely and affordable resources and the support needed to experience good mental health and wellbeing.

OUR PURPOSE



To support the mental health and wellbeing of all Tasmanians by strengthening the systems, community and individual awareness, that lead to better mental health outcomes.

OUR ROLE



Provide leadership by advocating for continuous improvement across all facets of mental health and suicide prevention.



Provide trusted advice to our members and decision makers to enable a robust and contemporary mental health system.



Be a collective, representative voice to ensure future sustainability of the sector, the community and the MHCT.



Form and support strong networks and collaboration to support sector development and capacity building.



Promote the reduction of stigma and champion mental health awareness and the value of good mental health.



Influence policy development in the interests of our members and the needs of the broader population.



Our Strategic Goals 2025–2030

STRATEGIC GOAL

Advocate for a mental health system that meets the needs of its people.

- Call for a mental health system that is accessible, affordable and responsive to the needs of all Tasmanians.
- Work with our members and networks to raise awareness of service demand and respond to gaps.
- Champion the need for all Tasmanians to have access to adequate and appropriate psychosocial supports.
- Demonstrate systemic improvement by ensuring effective data and evaluation measures are implemented.

STRATEGIC GOAL

Advance good mental health and wellbeing for all Tasmanians.

- Promote mental health, wellbeing and suicide prevention awareness activities across Tasmania.
- Increase awareness of wellbeing and prevention as fundamental to our mental health system.
- Increase skills and understanding in young people to recognise good mental health and how to support each other.
- Develop strategic partnerships to enable greater collaboration and community driven responses to local need.

STRATEGIC GOAL

Strengthen and support a thriving community-based mental health and wellbeing sector.

- Represent the concerns of our members in our advocacy to prioritise the viability and sustainability of the community-based mental health and wellbeing sector.
- Promote and support the safety and wellbeing of the community managed mental health workforce.
- Foster partnerships with government, agencies and learning providers to implement ways to address workforce shortages, training, development and retention challenges.
- Prioritise investment in community-based services, supports and innovation.