



# FREE – FREE – FREE



ROTARY CLUB OF ULVERSTONE WEST  
AUSTRALIAN ROTARY HEALTH



## HEALTH & WELLBEING

# EXP

GNOMON PAVILION – WHARF PRECINCT – ULVERSTONE  
FRIDAY 14TH OCTOBER 2022 – 10AM–2.30PM  
MAYOR JAN BONDE AMBASSADOR EXPO 2022

### FREE ENTRY – FREE BROCHURES – FREE ADVICE

AUSTRALIAN HEARING – free hearing checks, BLOOM HEARING SPECIALISTS free hearing checks, AUSTRALIAN ROTARY HEALTH – medical research, BEYOND BLUE – mental health information, CENTRAL COAST COMMUNITY SHED, CARE BEYOND CURE, ANGLICARE, CANCER COUNCIL TASMANIA, DELTA THERAPY DOGS – trained for patient care, FOOTPRINTS PODIATRY, HOSPICE CARE ASSOCIATION TASMANIA, INDEPENDENT LIVING CENTRE, PIPPO SUPPORT SERVICES, LUNGS IN POOR SHAPE – respiratory support, Mt. St. VINCENT (THERAPY CENTRE), NEW MORNINGS MENTAL HEALTH SUPPORT, MEN CARE TOO – mental health, MR PERFECT – mental health, THE MEN'S WALK, R U OK? mental health, STROKE FOUNDATION, YFC Burnie, CENTRAL CONNECT TASMANIA, TPT Wealth Ltd – estate planning, NORTH WEST RENAL UNIT, PARAQUAD TASMANIA – supporting Tasmanians with spinal cord injury for 30 years, CARE FORWARD – health + home care. LIFELINE TASMANIA, PROBUS CLUB & SENIOR CITIZENS OF CENTRAL COAST, AGE CARE SYSTEMS NAVIGATION, WELLWAYS, FEENIKX COUNSELLING & MEDIATION, HEADSPACE, NUTRIMETICS, HEALTHY BUSINESS, U3A Central Coast.



# The Advocate