



# Mental Health Week Community Dog Walk

Wednesday 12 October 2022

Join us this Mental Health Week for our third annual Dog Walk. A BBQ will follow our gentle walk. Let's celebrate our four legged friends and the support and unconditional love they bestow on us every day.

The Mental Health Week theme this year is **Awareness, Belonging, Connection.**

This is a free event supporting the mental health of all Tasmanians. You do not need a dog to join us.

**Where:** Montrose Foreshore Community Park, Brooker Highway, Glenorchy

**When:** 11am – 2pm  
Wednesday 12 October

**Cost:** FREE

**Booking:**

[www.eventbrite.com.au/  
e/wellways-mental-health-week-  
community-dog-  
walk-tickets-375719145077](http://www.eventbrite.com.au/e/wellways-mental-health-week-community-dog-walk-tickets-375719145077)



**Registration is essential** – via the Eventbrite link above or by registering on the day. Please RSVP for catering purposes on 6169 0600 or email [tasmania@wellways.org](mailto:tasmania@wellways.org) by Friday 7 October telling us how many will attend and any specific dietary requirements.

*Please note: For the benefit of all dog walkers, dogs must be leashed at all times and your dog is solely your responsibility. Each person must clean up after their dog and deposit waste accordingly. See full information on registration form.*



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