

→ Strategic Plan 2021-2023

Who we are

The Mental Health Council of Tasmania (MHCT) is the peak body for community managed mental health services in Tasmania. We represent and promote the interests of our members and work closely with government and agencies to ensure sectoral input into public policies and programs. We advocate for reform and improvement within the Tasmanian mental health system.

OUR VISION



Every Tasmanian has access to the resources and support needed for good mental health and wellbeing

OUR PURPOSE



Strengthen and advocate for our communities and service providers to support the mental health and wellbeing of all Tasmanians

OUR ROLE



Provide leadership by advocating for continuous improvement across all facets of mental health and suicide prevention



Provide trusted advice to our members and decision makers to enable a robust and contemporary mental health system



Be a collective, representative voice to ensure future sustainability of the sector, the community and MHCT



Form and support strong networks and collaboration to support sector development and capacity building



Promote the reduction of stigma and champion mental health awareness and the value of good mental health



Influence policy development in the interests of our members and the needs of the broader population



Our Strategic Priorities 2021-2023

PRIORITY AREA ONE

System Improvement

GOAL

To ensure all Tasmanians have access to the supports they need

KEY INITIATIVES

- 1 Work with our partners to design and implement a service integration model for Tasmania
- 2 Provide options to capture and progress system alignment and innovation to elevate the priority of investment in community-based services and supports
- 3 Advocate for access to supports that promote and maintain recovery

PRIORITY AREA TWO

Community engagement

GOAL

To increase understanding of the role everyone can play in good mental health and wellbeing in the Tasmanian community

KEY INITIATIVES

- 1 Work with communities, our members and networks to raise awareness and better understanding of how to support each other and identify local need
- 2 Deliver mental health, wellbeing and suicide prevention awareness and promotion activities in communities across Tasmania
- 3 Develop strategic partnerships within Tasmania to enable greater collaboration and community driven responses to local need

PRIORITY AREA THREE

Workforce

GOAL

To support the development of a highly skilled and sustainable Tasmanian mental health workforce

KEY INITIATIVES

- 1 Scope and develop new workforce models and roles that recognise demand challenges based on pre-existing and COVID-19 related impacts
- 2 Promote and support the safety and wellbeing of the community managed mental health workforce
- 3 Foster partnerships with government, agencies and learning providers to address workforce shortages, training, attraction and retention challenges

PRIORITY AREA FOUR

Membership

GOAL

To engage, support and strengthen our work with members to achieve an integrated mental health system

KEY INITIATIVES

- 1 Develop and implement a reinvigorated membership engagement strategy
- 2 Provide a range of consultation opportunities to ensure the knowledge and experience of our members is used to drive our advocacy and leadership
- 3 Represent the needs of our members in our advocacy to inform policy and system improvement