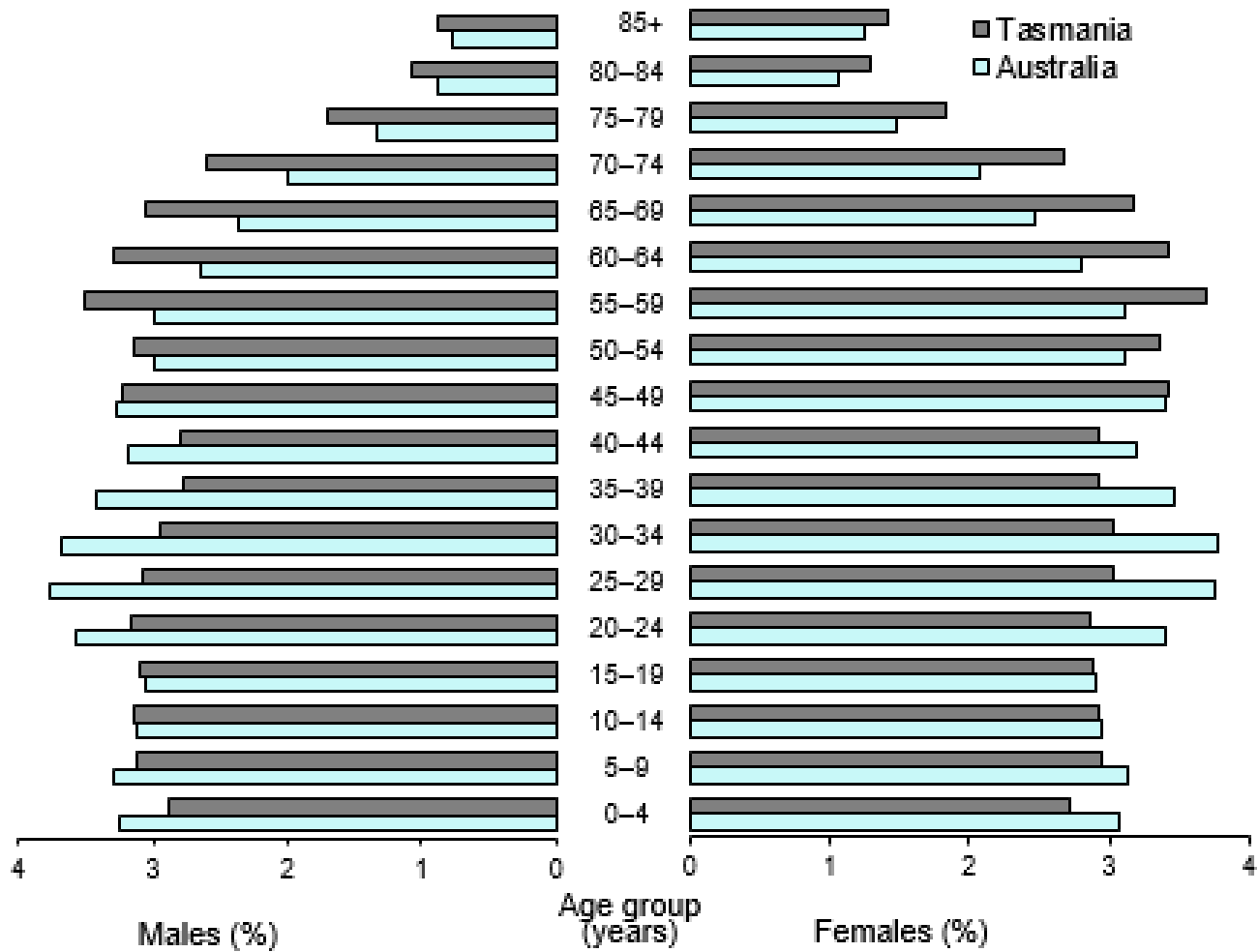




YOUNG PEOPLE IN TASMANIA





OUR POPULATION

OUR POPULATION

112,600 people aged 0–17 years

Over 2/3 of young people live in areas of relative disadvantage

6.4% unemployment; 13.7% youth unemployment

4,451 young people have disability and need assistance

3,024 15-24 yrs of age provide unpaid assistance to person with disability

HEALTH RISK FACTORS IN YOUNG PEOPLE

Smoking:

- 5% current smokers (down from 9% in 2011)
- 78% never smoked (up from 70% in 2011)
- 13% have used eCigs (4% in the past month)

Alcohol

- 3 in 4 have tried alcohol
- 32% drank in the past month
- 1 in 6 drink 5 or more drinks at least once in the week

Drugs

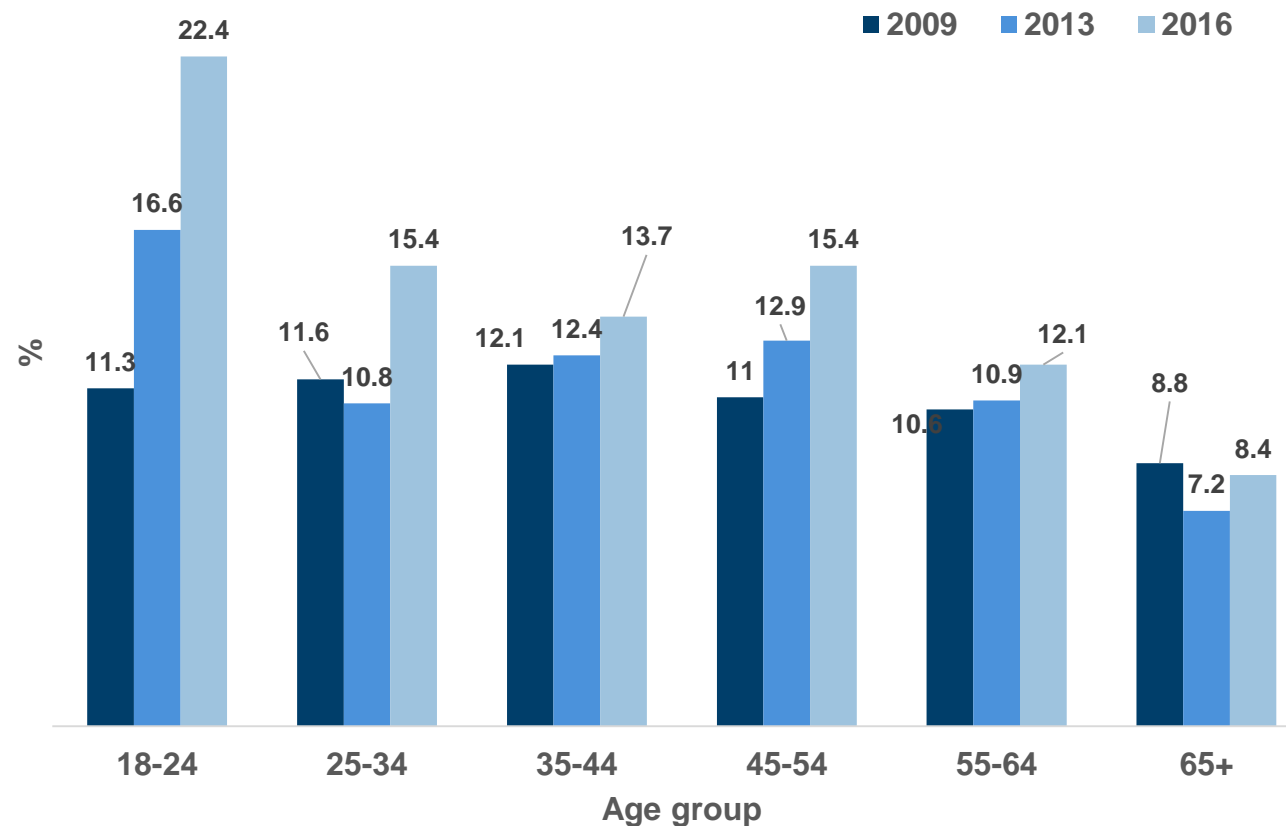
- 19% have used cannabis
- 20% have used tranquilisers for non-medical reasons

Immunisation

- 12 mo = 94.9% / 5 yr = 95.6%
- HPV = 69.2% (c.f. 80.1% nationally)

MENTAL HEALTH

- 20% of people in any 12 month period will experience a mental health problem, 50% over a lifetime
- 2-3% have a severe, 4-6% have a moderate and 9-12% have a mild mental health disorder
- 92 deaths due to suicide in 2016
- Psychological distress is increasing





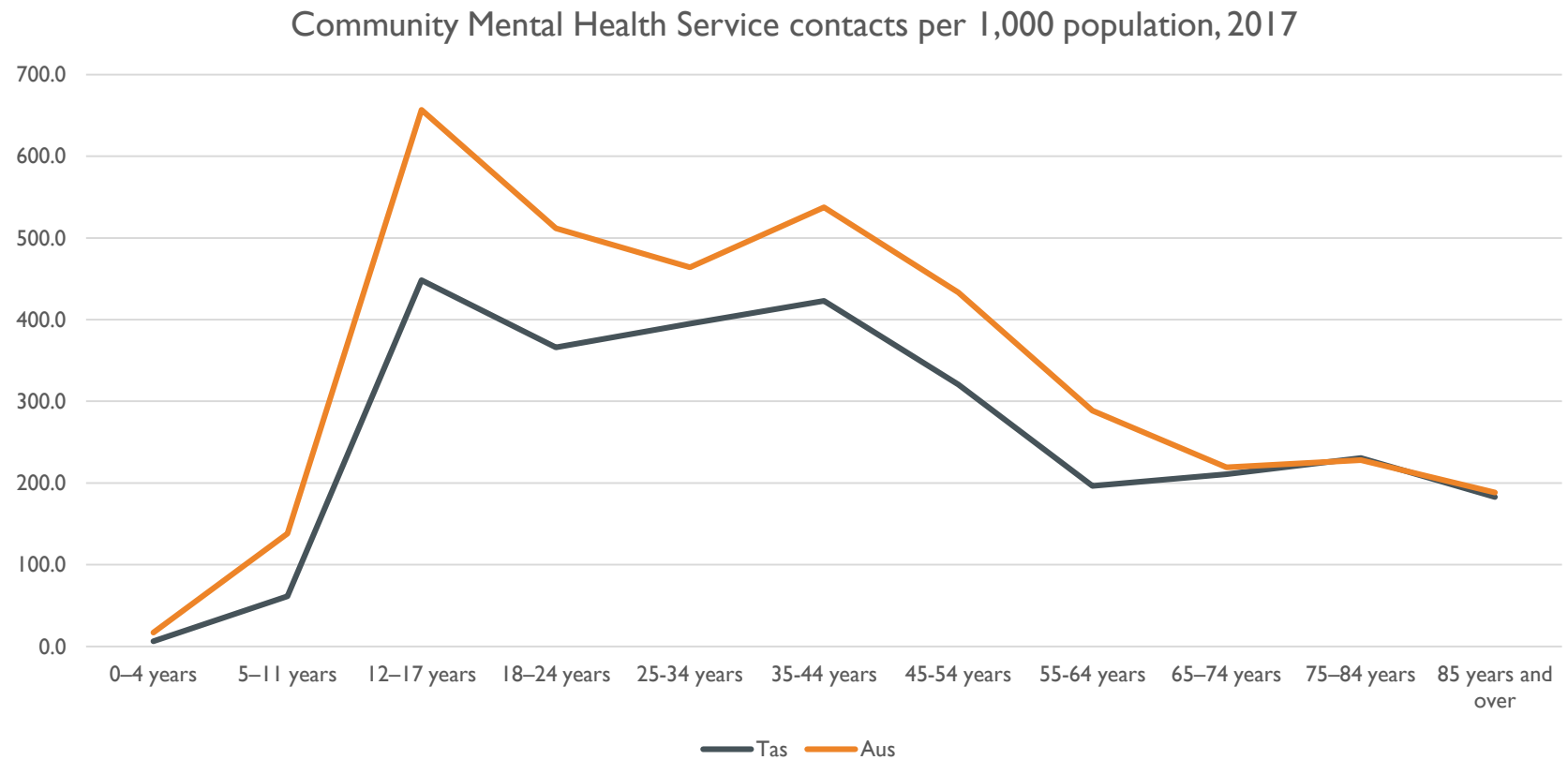
MENTAL HEALTH CARE

MENTAL HEALTH WORKFORCE

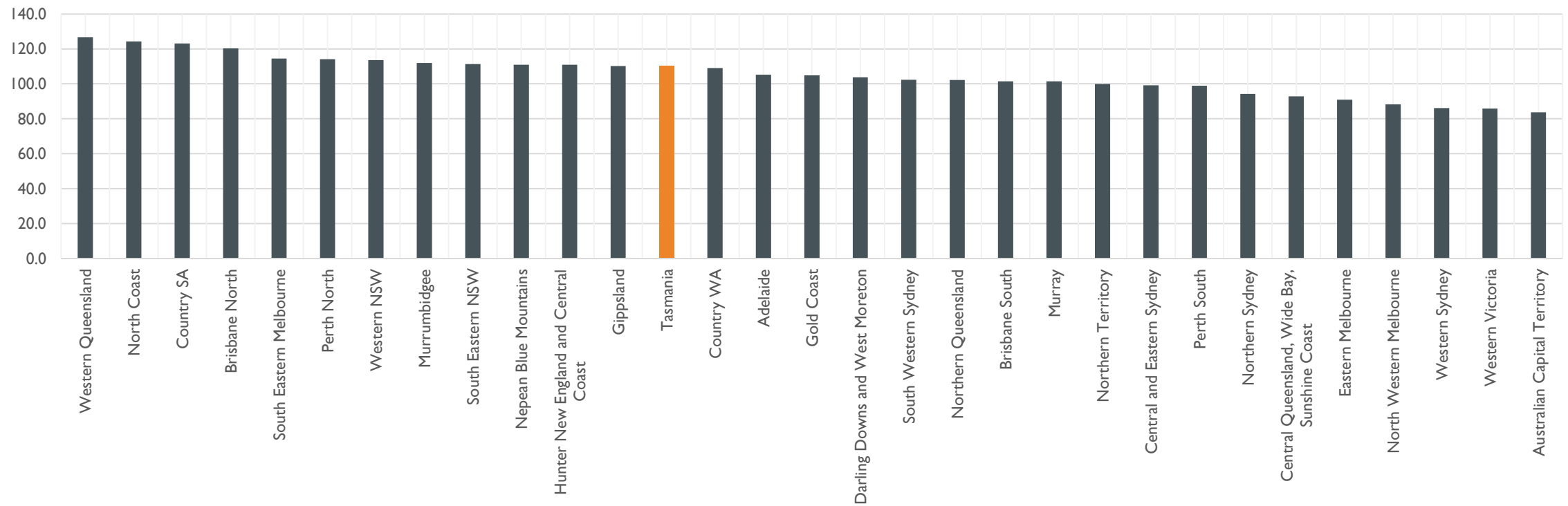
- Tasmania has a smaller mental health workforce compared with other jurisdictions (2017)



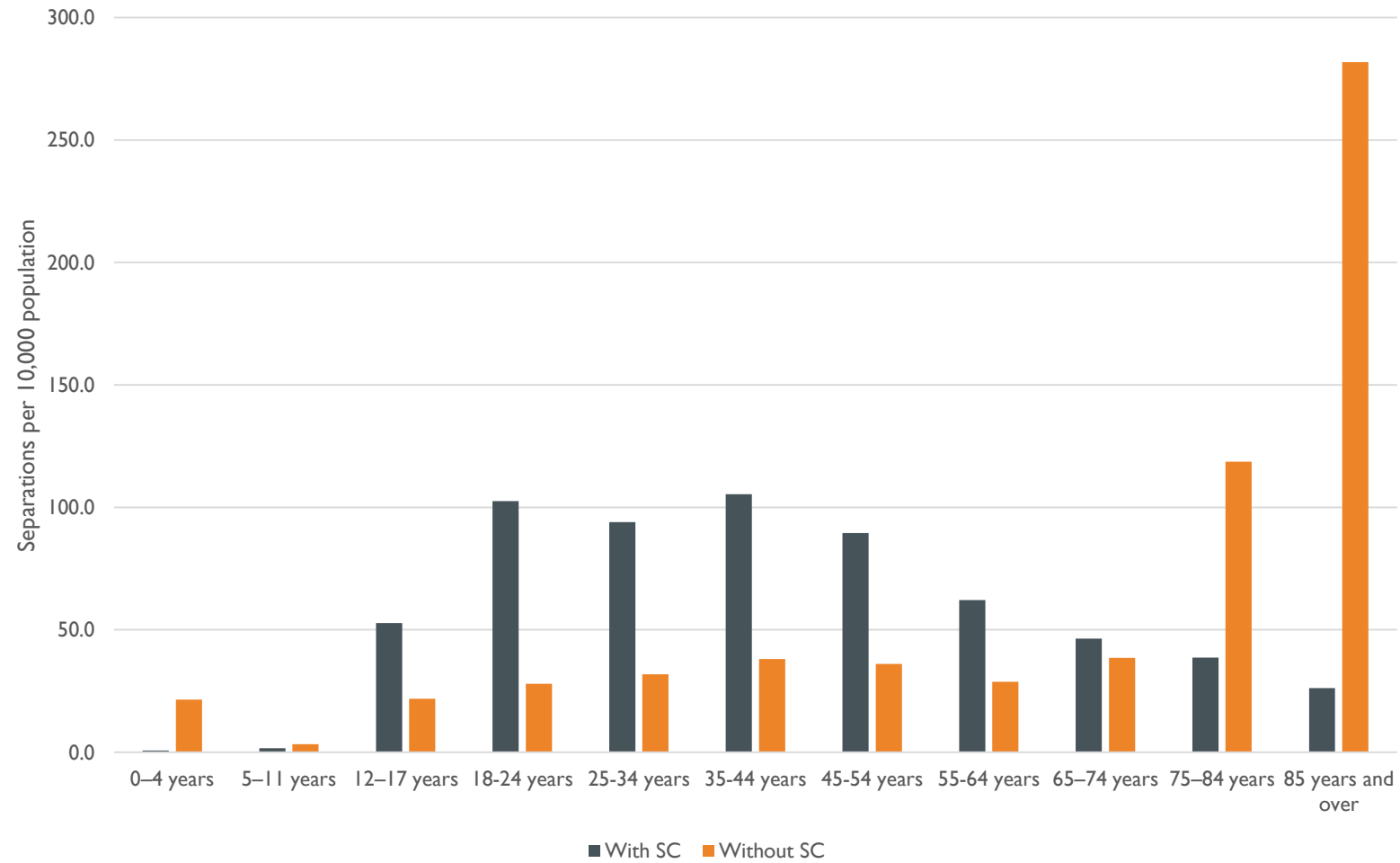
COMMUNITY MENTAL HEALTH SERVICE CONTACTS



OVERNIGHT ADMITTED MENTAL HEALTH-RELATED POPULATION RATES OF SEPARATIONS BY PHN, 2017–18



OVERNIGHT ADMITTED MENTAL HEALTH CARE, AUS, 2017-18

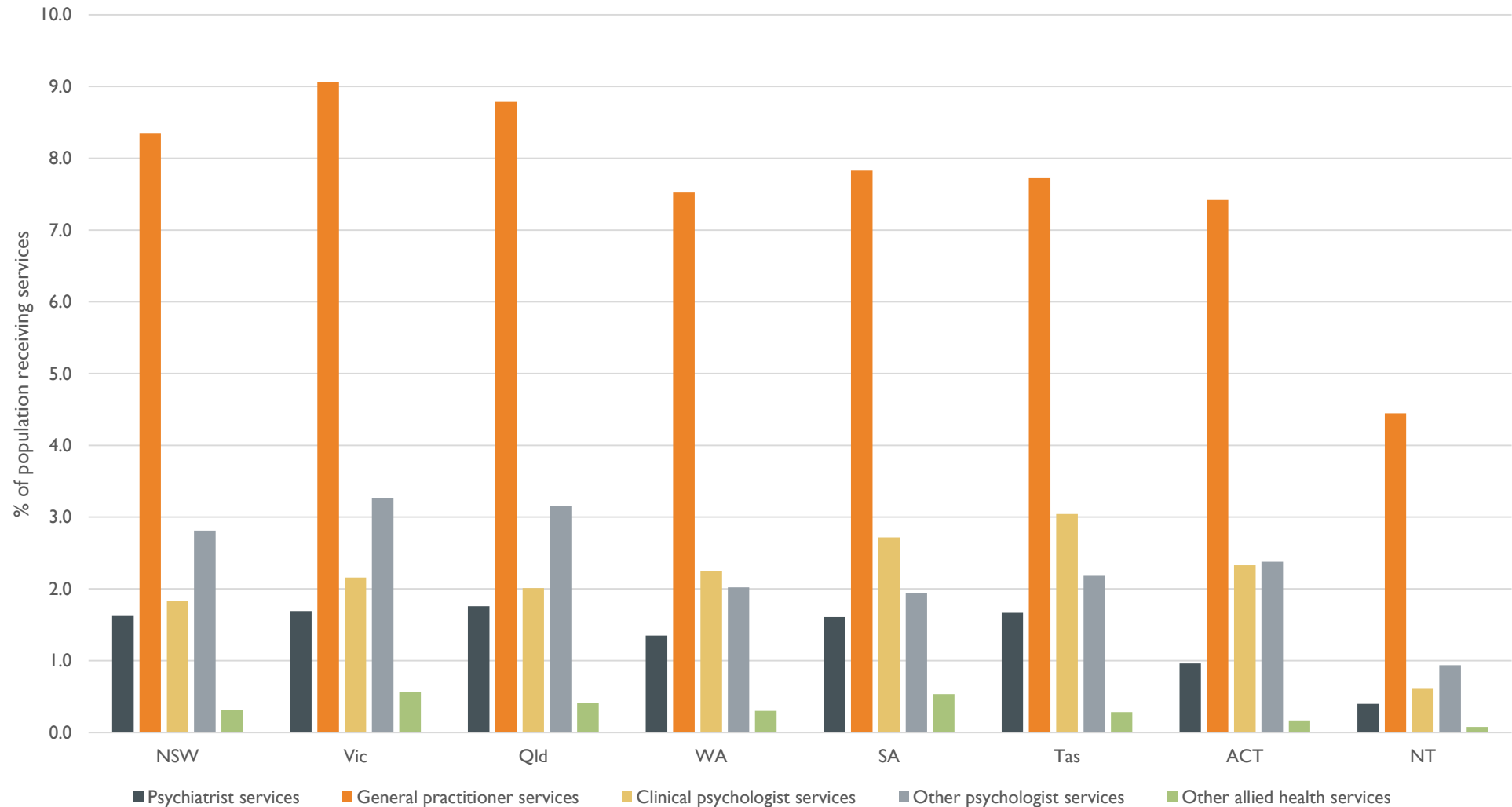




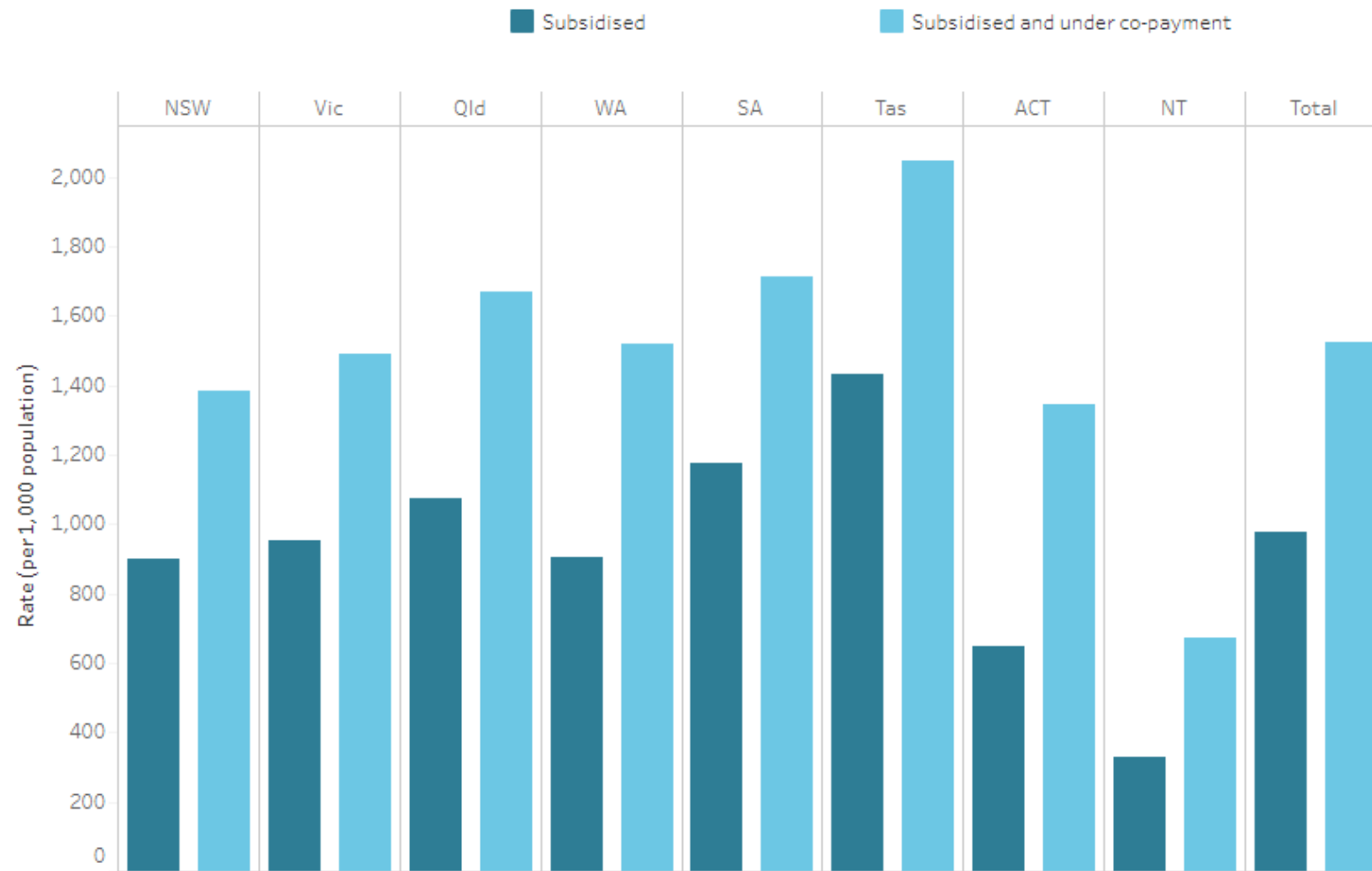
GENERAL PRACTICE

- Most people see a GP each year:
 - 20% saw 3 or more health professionals for the same condition in the past 12 months
 - 85% saw a GP in the past 12 months (on average 6 times)
 - 13% saw a GP more than 12 times in the 12 months
 - 8% saw a GP after hours in the past 12 months
- GPs are the most commonly encountered health professional for mental health conditions
- Depression and anxiety are the most frequently managed by GPs

PROVIDERS OF MEDICARE SUBSIDIZED MENTAL HEALTH SERVICES, 2017-18

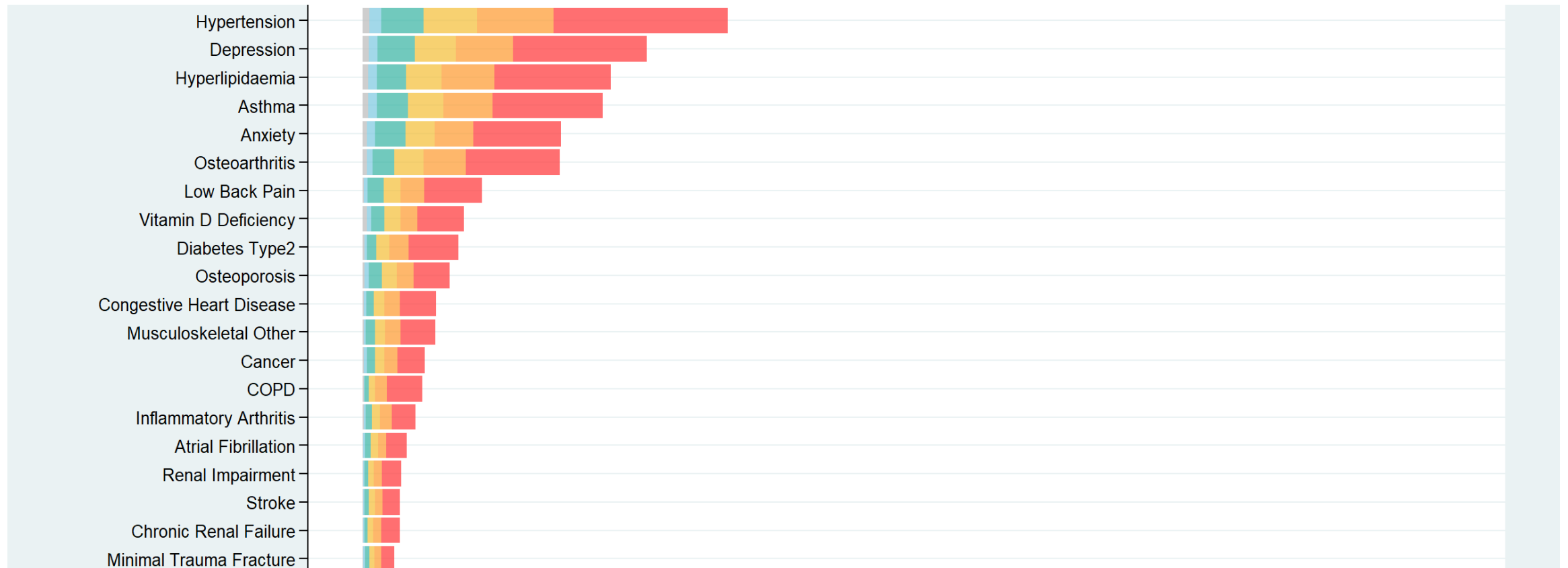


MENTAL HEALTH RELATED PRESCRIPTIONS (PER 1,000 POPULATION), 2017-18



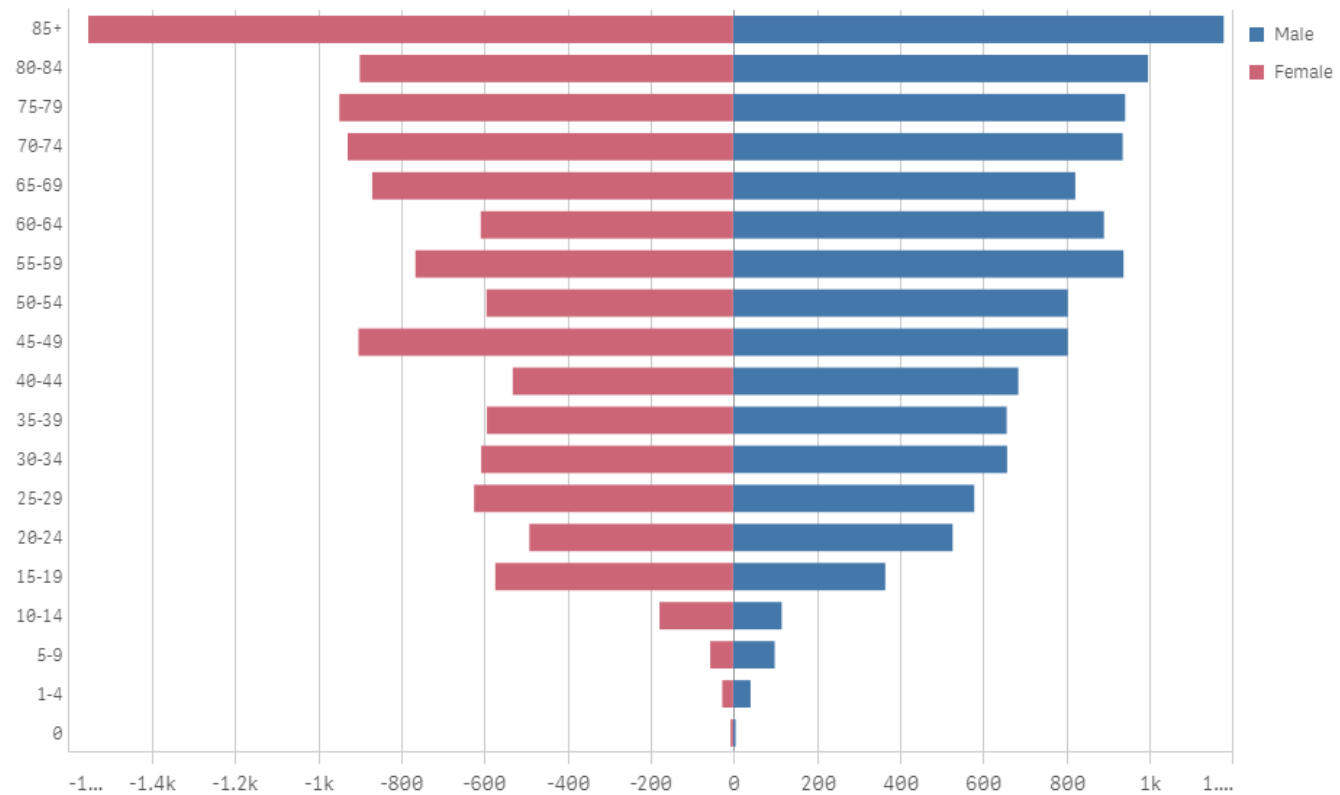
Source: PBS/RPBS data (sourced from Commonwealth Department of Health); Table PBS.6

GPS IN TASMANIA: TOP 10 DIAGNOSES FOR 420,000 ACTIVE PATIENTS



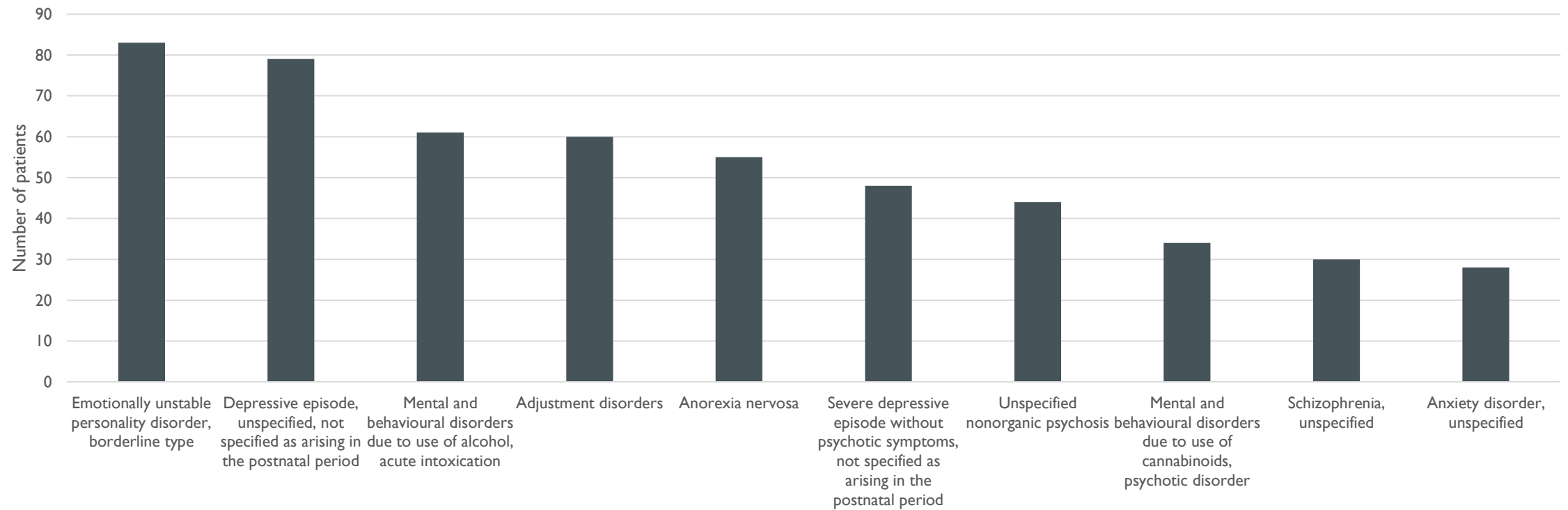


MENTAL HEALTH CARE IN YOUNG PEOPLE

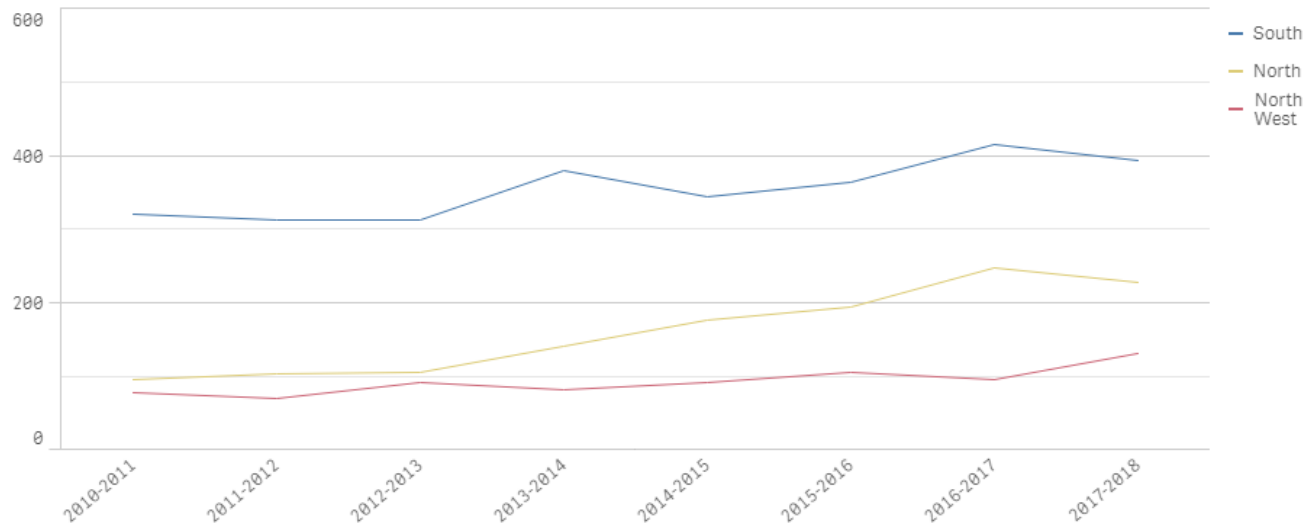


PUBLIC HOSPITAL ADMISSIONS, MENTAL HEALTH CONDITIONS, TASMANIA, 2017/18- 2018/19

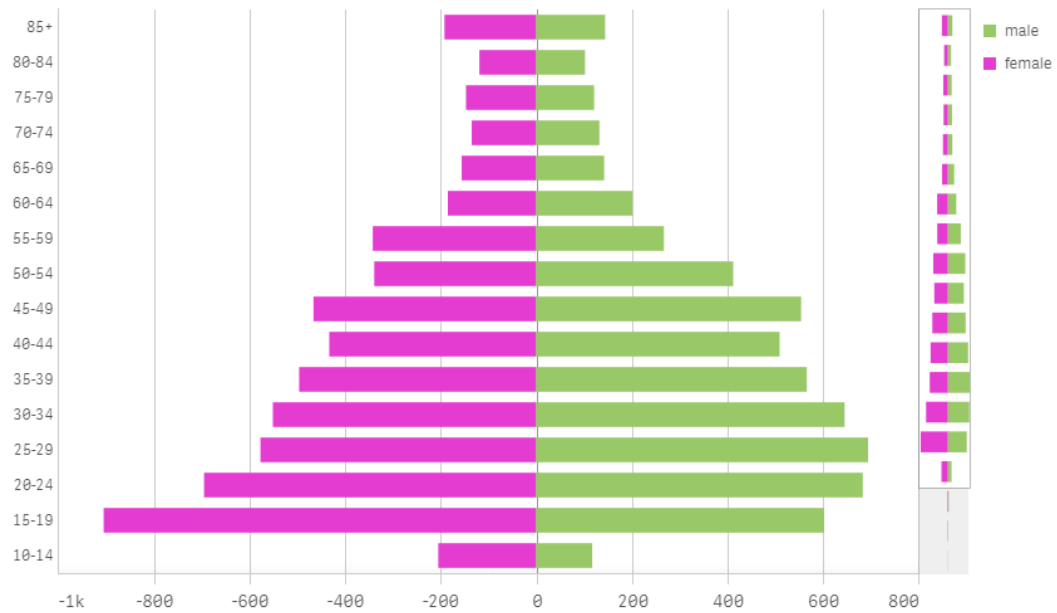
WHAT ARE THEIR DIAGNOSES (2017-2018)?



Separations (Trends)

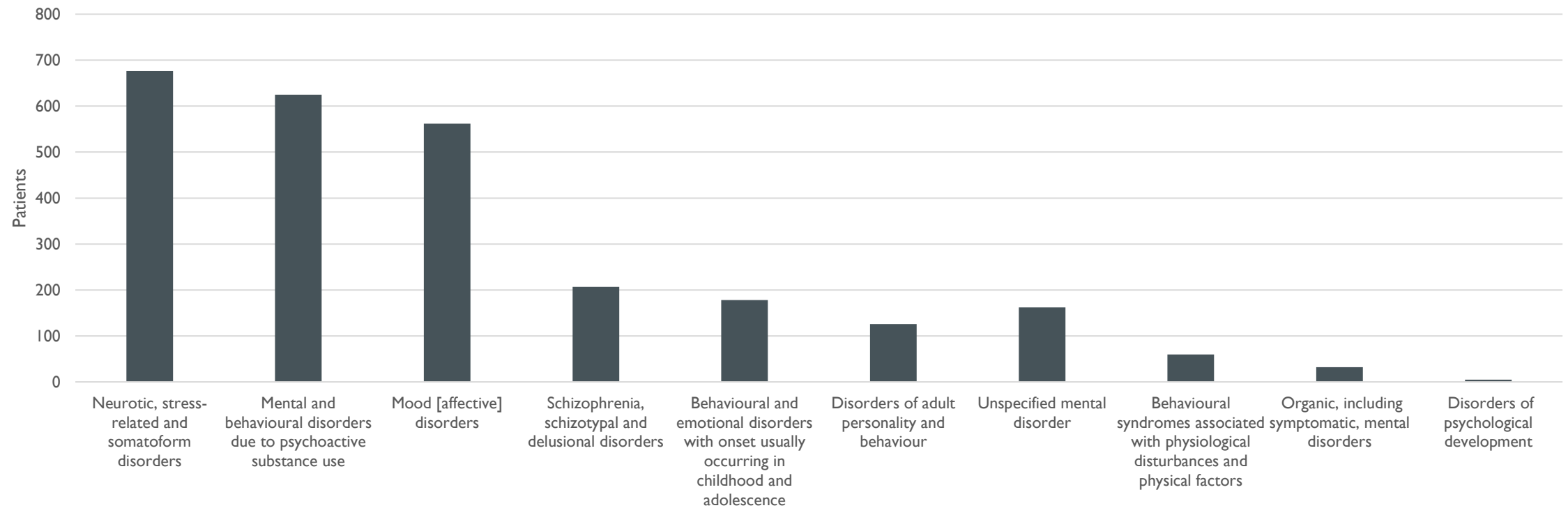


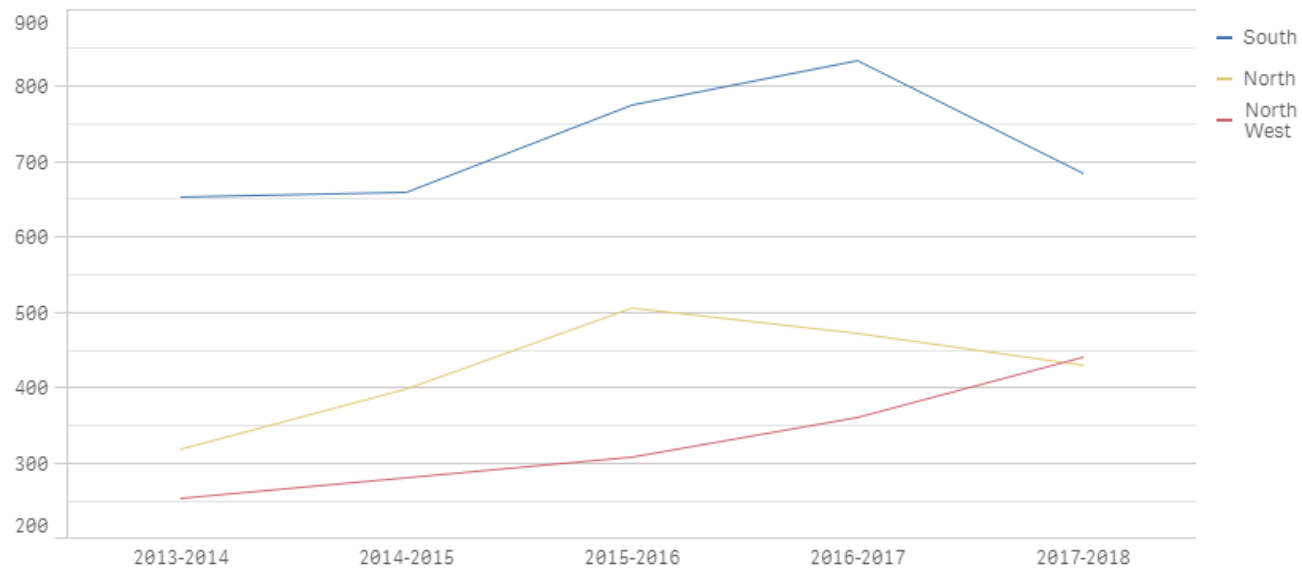
TRENDS OVER TIME



EMERGENCY DEPARTMENT PRESENTATIONS

WHAT ARE THEIR DIAGNOSES?

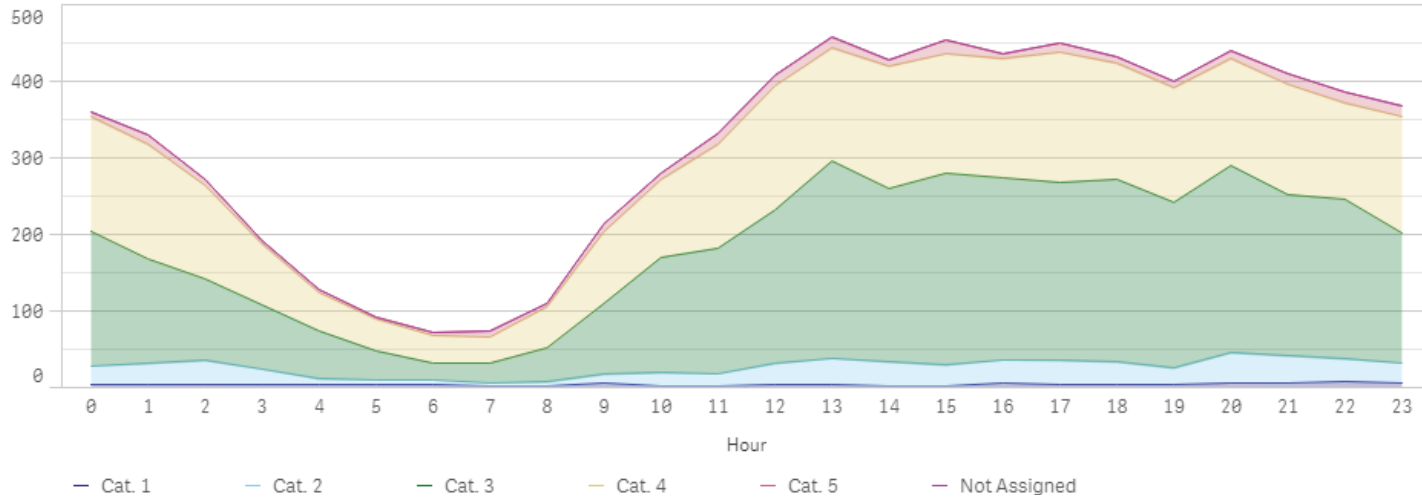




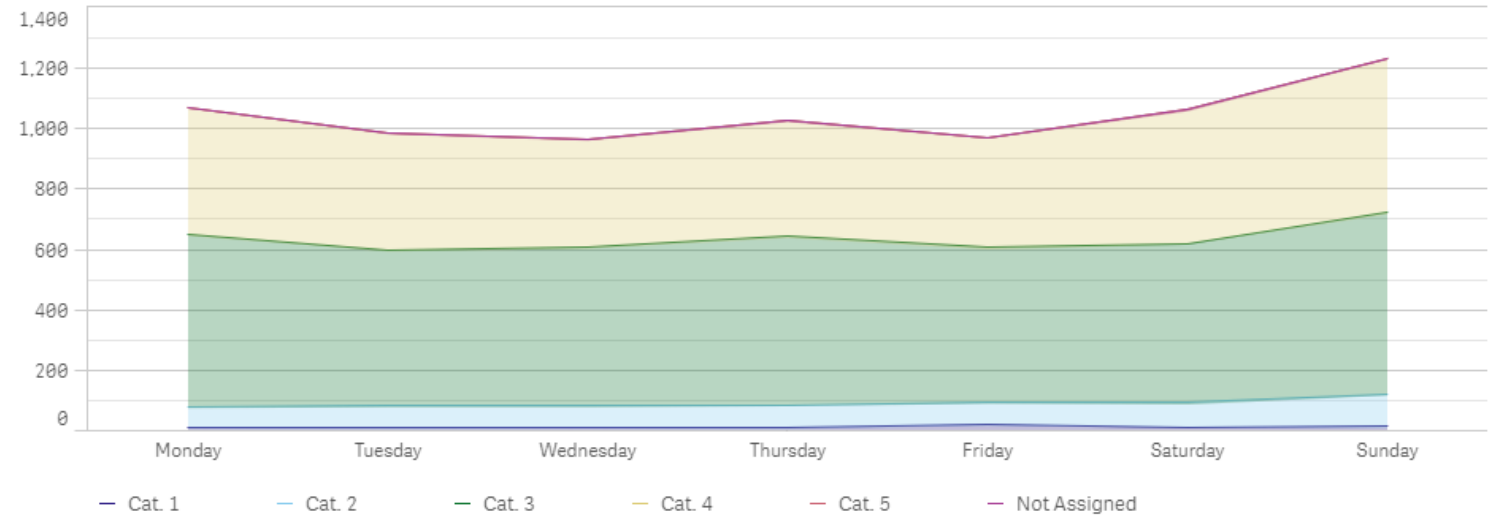
TRENDS OVER TIME

DAY AND TIME

ED presentations by Triage Category and hour



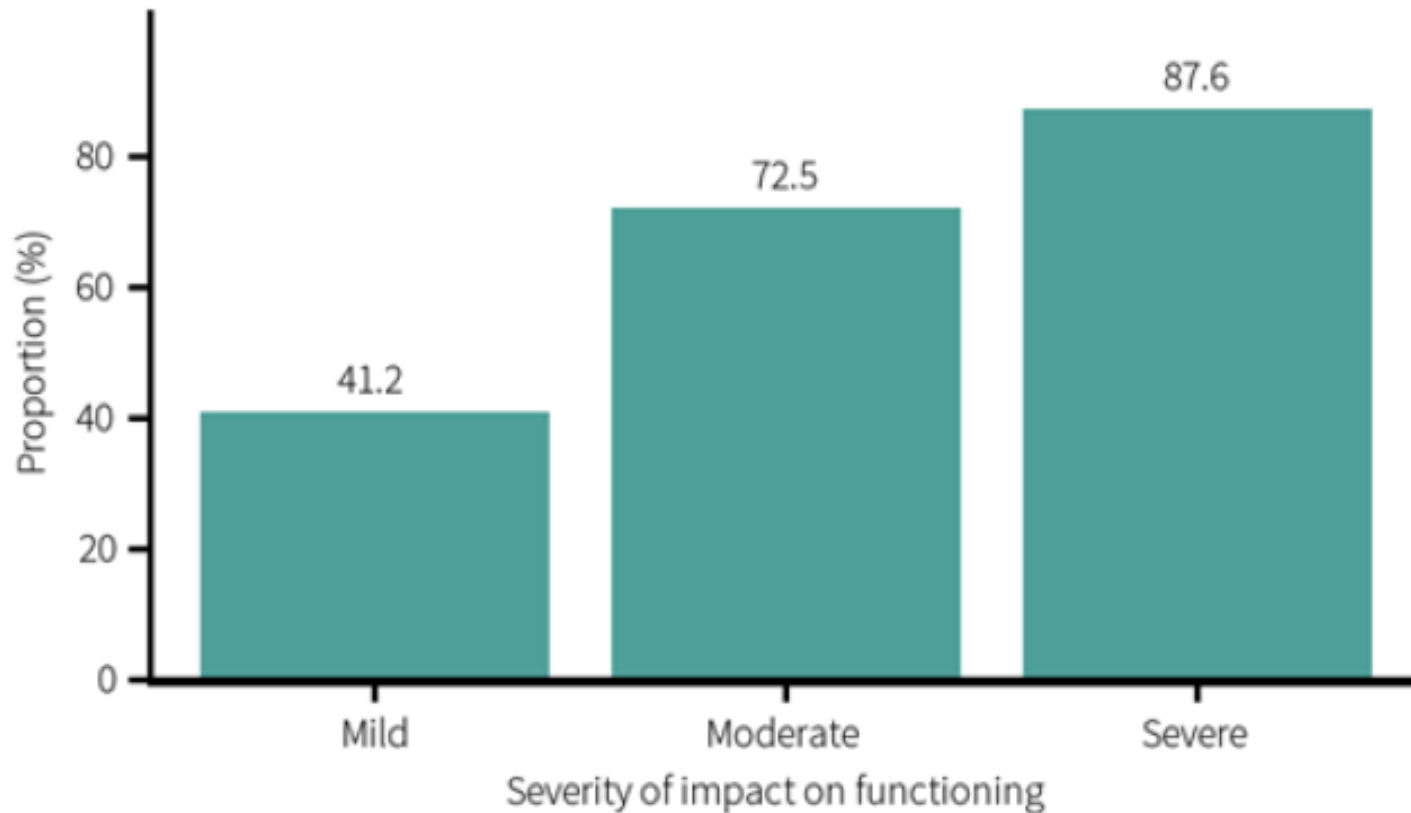
ED presentations by Triage Category and day





SERVICE
OUTCOMES

SERVICE USE IN THE PAST 12 MONTHS BY 4-17-YEAR-OLDS WITH MENTAL HEALTH PROBLEMS



- **One in six (17.0%) children and adolescents aged 4-17 years had used services in the previous 12 months**
 - ✓ **One in seven (14.8%) used health services**
 - ✓ **One in nine (11.5%) used school services**
 - ✓ **Just over half (53.5%) of 4-17 year-olds using services used both health and school services**

WERE THEIR NEEDS MET?

