





Tasmanian HealthPathways

Youth Mental Health Forum November 7, 2019

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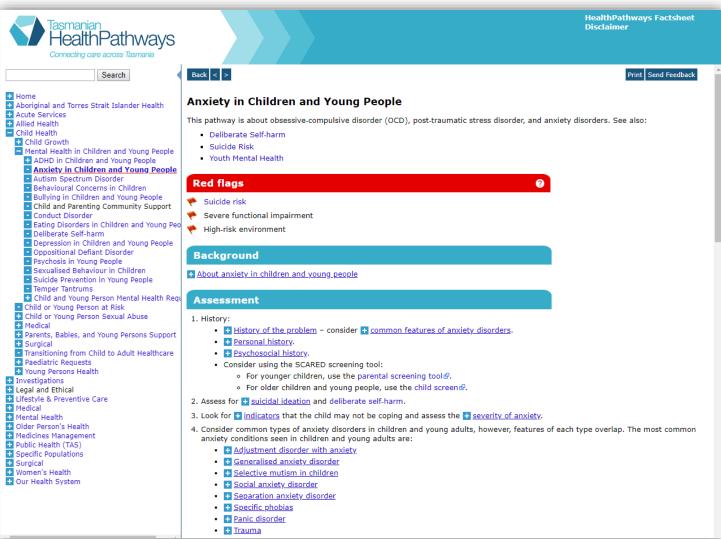
What is Tasmanian HealthPathways?

- ✓ An online portal designed to be used by GPs at the point of care
- ✓ Aims to guide best-practice assessment and management of common medical conditions including how to refer patients to local specialists and services in the most timely and efficient way
- ✓ Based on the Canterbury Initiative in NZ
- ✓ THP commenced in October 2013 Live website released September 2014



- ✓ Now used in 44 Primary Health Networks and District Health boards across Australia, New Zealand and the United Kingdom
- ✓ Over 740 live pathways (October 2019) covering a wide variety of areas

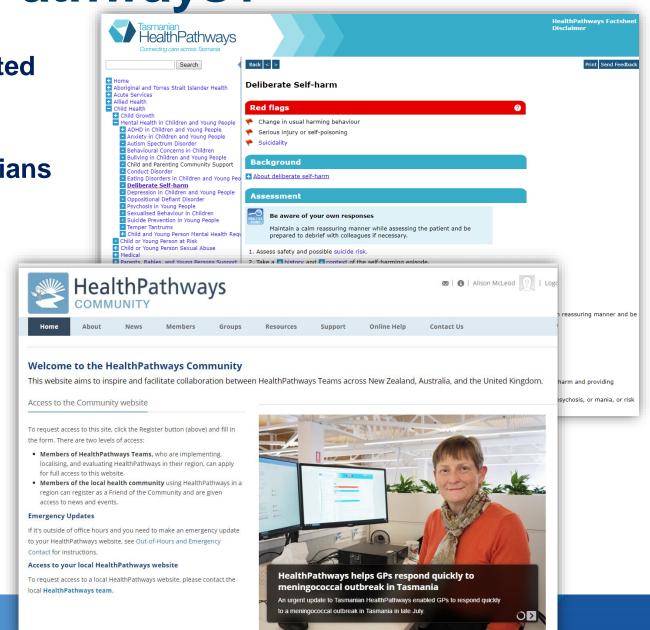
Why Tasmanian HealthPathways?



- ✓ Internationally proven methodology
- ✓ Facilitate communication between primary and specialist care
- ✓ Created collaboratively 'How we do things here'
- ✓ Connecting care 'How we can do better'
- √ Whole of system
- ✓ Covers Public and Private Tasmania-wide
- ✓ Pre-hospital assessment and management (not just referral)
- ✓ Patient journey navigating through system/ saving patient's time

Why Tasmanian HealthPathways?

- ✓ Dynamic website information can be updated as required
- ✓ Relevant curated source for time poor clinicians
- ✓ "Field guide" to help GPs and Specialists
- ✓ Clinical guidance tool for reducing inappropriate variation in health care
- ✓ Password accessible to all Health Professionals in Tasmania (not accessible to consumers)



HealthPathways Benefits -

Patients

- benefit from general practice and other services being able to do more for them in the community
- benefit as clinicians have greater clarity about the appropriateness and likelihood of obtaining further specialist services or alternative options

Clinicians

- benefit through relationship building with their primary care and hospital specialist colleagues as they localise HealthPathways
- benefit through greater confidence and options in managing their patients

The local "health system"

- benefits through less demand on acute and outpatient services as patients are better managed in the community
- benefits by freeing up resources to provide more elective services and provide assistance to primary care



Draft Site

Connecting care across Tasmania

Search

- Home
- About HealthPathways
- Drafting Section
- + Aboriginal and Torres Strait Islander Health
- + Acute Services
- 4 Allied Health
- Child Health
- Child Growth
- Mental Health in Children and Young People
- + ADHD in Children and Young People
- Anxiety in Children and Young People
- Autism Spectrum Disorder
- Behavioural Concerns in Children
- Bullying in Children and Young People
- Child and Parenting Community Support
- Conduct Disorder
- Eating Disorders in Children and Young P
- Deliberate Self-harm
- Depression in Children and Young People
- Oppositional Defiant Disorder
- Psychosis in Young People
- Sexualised Behaviour in Children
- Suicide Prevention in Young People
- Temper Tantrums
- Child and Young Person Mental Health Re
 - Acute Child and Young Person Mental F
 - Non-acute Child and Young Person Mei
 - Child and Young Person Helplines and
- Eating Disorders Treatment for Childr
- Child or Young Person at Risk
- + Child or Young Person Sexual Abuse
- Medical

Back >

Using HealthPathways



- What is HealthPathways?
- How to use HealthPathways
- · How to send feedback on a pathway
- Install shortcuts to HealthPathways

Health System News

DHHS Tasmania - Public Health Alerts ₽

Sept Thunderstorm asthma: Information and advice

The Tasmanian Department of Health advises thunderstorm asthma is an emerging environmental health threat in Australia and other parts of the world.

Thunderstorm asthma happens with the concurrent presence of 1) aeroallergens (such as pollen, ruptured pollen or fungal spores), 2) specific weather conditions of thunderstorms and strong wind gusts and 3) a population group who are already sensitised to those aeroallergens and have a history of allergic phinitic or asthma. More

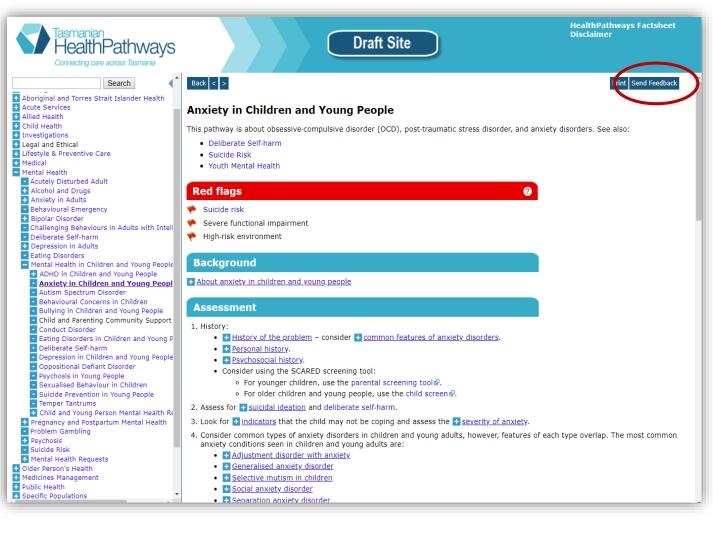
Mental Health in Children & Young People

This suite of pathways have either been:

- ✓ Edited and updated –
 previously reviewed by local
 Paediatricians
- ✓ Localised from various other HealthPathways regions in Australia

All new pathways have been reviewed by the team at Orygen in Victoria as well as the local Clinical Work Group members

Providing feedback



- ✓ A living document anybody using HealthPathways can send feedback
- ✓ Click on "Send Feedback" button at top of each pathway
- ✓ Opens up a thread in system administration portal to add changes/updates/feedback
- ✓ All feedback is triaged by THP team and forwarded to GP Clinical Editor
- ✓ Important updates can be made quickly if locally agreed

Clinician Quotes

"I think that for any GP, it's a good resource. But so many of the trainees especially find it as a really useful as a way of being able to, usually, find local, Tasmanian information. It also just gives you a really good, thorough approach, because even though in the early parts of our training we're heavily supervised, as you progress, there's not always someone on site to ask." - Dr Sophie Otlowski, GP



"We strongly endorse THP in the School of Medicine at the University of Tasmania. Where possible we incorporate the pathways into our teaching especially in the case base learning tutorials in senior years. We find it prepares students well for entrance into the Tasmanian Health System and gives them confidence to efficiently navigate complex management pathways" – *Dr Nick Cooling, Director of Internationalisation and Global Health, UTAS*

"It's so logically and succinctly laid out – what tests you need, who to refer to and contacts. When I start teaching registrars, the way I'm going to start is to say to them pick a complex medical condition, go to Tasmanian HealthPathway and teach me what they say" – *Dr Daniel Kulback, GP*



Questions?

Thank you.